Parent Survey Report

Survey Results 2022

Funding provided by the Comprehensive Addiction and Recovery Act

Local Drug Crisis Grant

Grant no. NH28CE003320





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CARA Background

The Comprehensive Addiction and Recovery Act (CARA) Local Drug Crisis Grant was awarded to community-based coalitions that were also recipients of Drug-Free Communities (DFC). The purpose of this grant is to enhance the efforts of DFC recipients in the prevention of opioid and prescription drug use among adolescents ages 12-18, while also changing the stigma and acceptability associated with youth prescription drug use and misuse.

The Pitt County Coalition on Substance use plans to achieve these goals by (1) preventing initiation of prescription opioid misuse and escalation to later heroin use among youth ages 12-18 in Pitt County, (2) decreasing perceived parental approval of prescription opioid misuse by youth ages 12-18 in Pitt County, and (3) increasing youth's perception of harm of misusing prescription opioids.

PCCSU Mission Statement:

To bring about a community in which youth reject substance use, adults utilize low risk choices regarding substance use, and treatment services are available to those in need.

Parent Survey Overview

This report includes data from the 2022 survey on parents living in Pitt County with children ages 12-20. The goal of this survey was to determine current parental awareness and use of existing disposal programs among the parents of youth in Pitt County. The survey included the following topics:

- Perception of harm on alcohol and prescription opioid misuse among youth
- Approval of alcohol and prescription opioid misuse among youth
- Parent and child communication related to alcohol and prescription opioids
- Perception of the community's thoughts and actions alcohol and prescription opioid misuse among youth
- Parental monitoring and securing alcohol and prescription opioids in home
- Perception of alcohol and prescription opioid misuse among teenagers within the community

Survey protocol was approved by the East Carolina University Institutional Review Board.

A Qualtrics® survey was conducted. The sample of parents was recruited through targeted Facebook advertisements with a hyperlink attached that took the individual to the survey introduction. This briefly described the purpose of the survey, length of the survey, and the incentive being offered. The individual was eligible if they met the following criteria: (1) is a parent or guardian of youth ages 12-20 and (2) currently resides in Pitt County, NC. The individual was excluded if they were not a parent of a child within the specified age range or was a parent outside of Pitt County, NC.

The survey took about 10 to 15 minutes to complete. Participants were given the option to enter a raffle to win 1 out of 32 Mastercard gift cards valued at \$75. The survey was completed by a total of 213 individuals within Pitt County.

Parent Survey 2022 Data

Table 1. Demographics of Survey Participants

Demographic	n (%)	
City of Residence	213	
Ayden	17 (8.0%)	
Bethel	5 (2.3%)	
Falkland	5 (2.3%)	
Farmville	12 (5.6%)	
Greenville	112 (52.6%)	
Grimesland	6 (2.8%)	
Winterville	50 (23.5%)	
Other	6 (2.8%)	
Age of Parent	213	
Mean age	45.30	
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Race	212	
Black or African American	44 (20.8%)	
White	157 (74.1%)	
Other	11 (5.2%)	
Hispanic	210	
Yes	23 (11.0%)	
No	187 (89.0%)	
Education	212	
Less than high school & High school diploma or GED	44 (20.8%)	
Associate degree	47 (22.2%)	
Bachelor's degree	58 (27.4%)	
Master's degree	51 (24.1%)	
Professional degree (MD, DDS, DVM, LLB, JD, DD, etc.) &	12 (5.7%)	
Doctorate degree (PhD, EdD, etc.)	12 (3.7/0)	
Gender	212	
Male-identifying	21 (9.9%)	
Female-identifying	191 (90.1%)	
i emale-identifying	131 (30.1/0)	

City of Residence 'Other': Fountain, Grifton, & Simpson

Race 'Other': American Indian or Alaskan Native, Asian, & Multiracial

Survey Questions and Responses on Alcohol

Definition of alcoholic beverage: The CDC defines a standard drink being equal to 0.6 ounces of pure alcohol, which can be found in 12 ounces of beer, 8 ounces of malt liquor, 5 ounces of wine, and 1.5 ounces of 80-proof distilled liquor.

Community: This data shows the opinions about alcohol consumption among teenagers and law enforcement's response to alcohol use among youth within the community.

Figure 1. In your community, how much of a problem do you believe is consumption of alcohol by teenagers? [n=171]

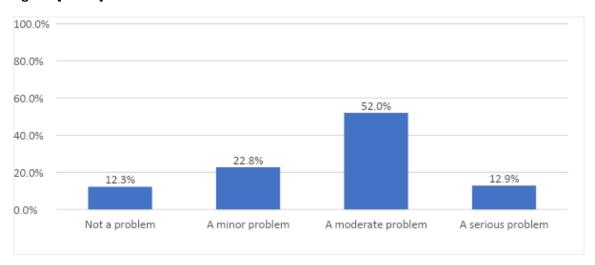


Figure 2. What percentage of teenagers in your community do you think consume alcoholic beverages? [n=171]

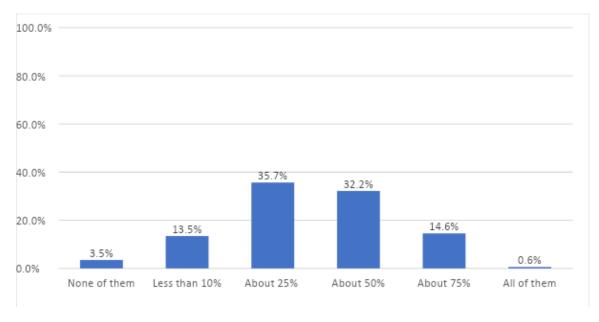


Figure 3. Do you know of parents in your community who allow parties where alcohol is available or served to teenagers with or without adult supervision? [n=165]

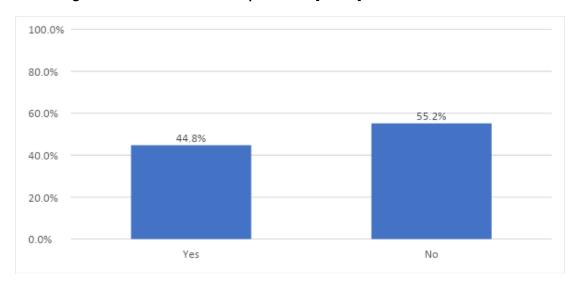
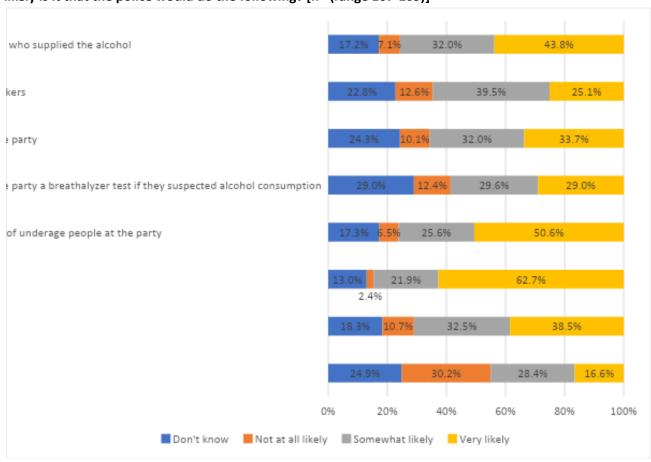
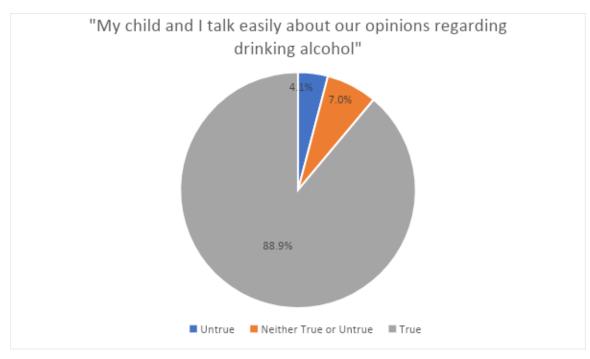


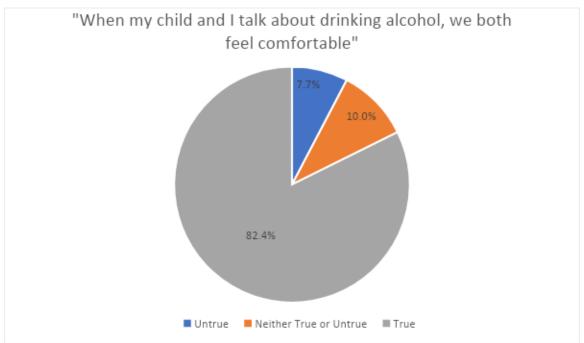
Figure 4. In your community, if someone has an underage drinking party and the police are called, how likely is it that the police would do the following? [n= (range 167-169)]

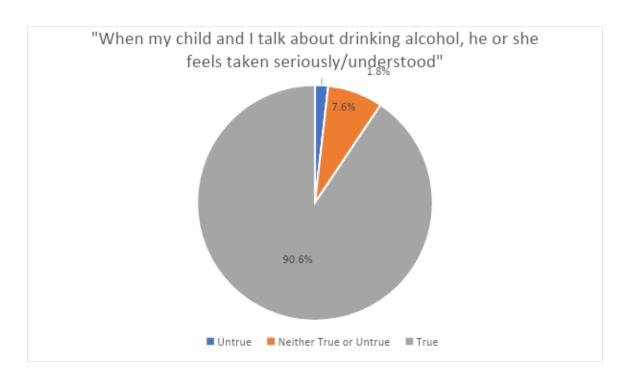


Communication: This data shows how parents in Pitt County feel about talking with their teenagers about alcohol consumption.

Figure 5. Please state your level of agreement with each of the following statements on communication with your child regarding <u>drinking alcohol</u>. [n= (range 170-171)]







Behaviors: This data shows the type of behaviors our sample conducts within their homes in relation to alcohol consumption.

100.0% 80.0% 60.0% 40.0% 35.5% 31.3% 22.9% 20.0% 12.1% 8.9% 4.2% 2.8% 0.0% Refridgerator Cabinet or Wine rack or Liquor cabinet Other No alcohol in Garage or or freezer closet basement beverage cart home during the past 30 days

Figure 6. Where do you currently keep alcohol in your home? Please select all that apply.

Examples of 'Other': "Hidden in my bedroom", "I do not have alcohol at home", "If I have a bottle of wine it is in my room in my refrigerator and my room is locked", "In my room. They are not to go in without permission", "My bedroom in a locked trunk", "We have a mini fridge in our bedroom closet. My husband keeps his beer there when he buys it."

Figure 7. Do you currently lock up any of the alcohol kept in your home? [n=171]

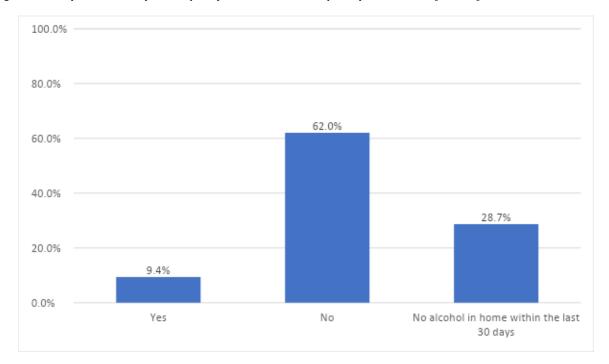
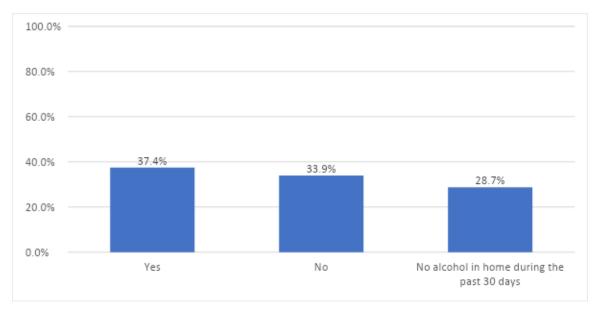


Figure 8. Within the past 30 days, have you kept track or taken inventory of the alcohol in your home? [n=171]



Thoughts and Opinions: The following data shows our sample's thoughts and opinions on teenage alcohol consumption and perceived harm of early alcohol use.

Table 2. Parent's opinions on what age youth should be able to consume alcohol under different circumstances [n=171]

	Mean	Standard	Range
	Age	Deviation	
In your opinion, at what age should children be allowed to	19.0909	2.78896	5.0 – 25.0
consume alcohol at special occasions?			
In your opinion, at what age should children be allowed to	19.9691	2.35228	5.0 – 25.0
consume alcohol at a gathering of friends unsupervised by a			
parent or guardian?			
In your opinion, at what age should children be allowed to	19.7037	2.14357	10.0 – 25.0
consume alcohol at a gathering of friends supervised by a			
parent or guardian?			

Figure 9. How much do you think teenagers harm themselves physically or in other ways when they participate in the following related to alcoholic beverages? [n= (range 170-171)]

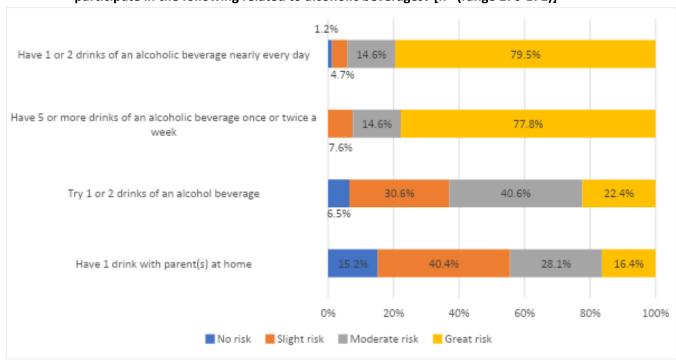


Figure 10. If your teenager(s) wanted to get alcoholic beverages, how difficult would it be to get them? [n=171]

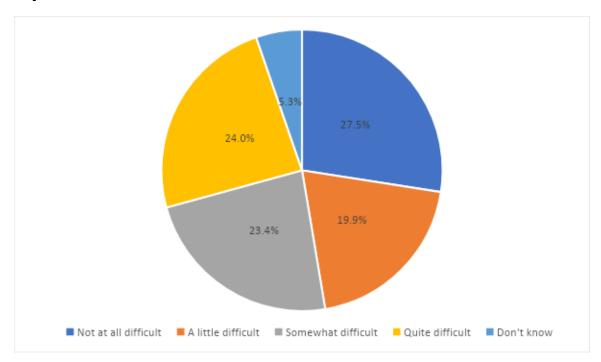
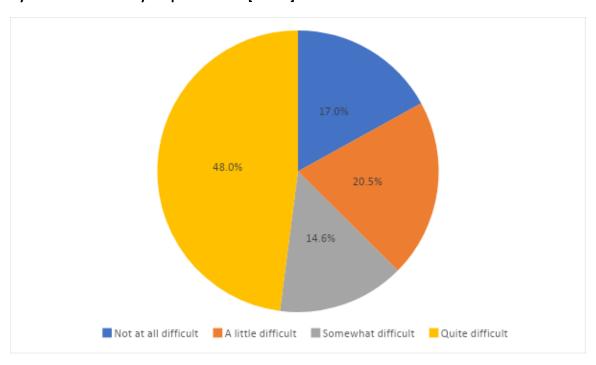


Figure 11. If your teenager(s) wanted to get alcoholic beverages, how difficult would it be to get them from your home without your permission? [n=171]



Survey Questions and Responses on Prescription Opioids

Definition of prescription opioids: The CDC defines prescription opioids as a treatment of moderate-to-severe pain, usually prescribed following surgery or injury, or for health conditions such as cancer. Common prescription opioids include Oxycodone, hydrocodone, and methadone.

Community: This data shows the opinions about prescription opioid misuse among youth within the community.

Figure 12. In your community, how much of a problem do you believe is use of prescription pain pills that are not prescribed or in ways other than prescribed by a doctor by teenagers? [n=169]

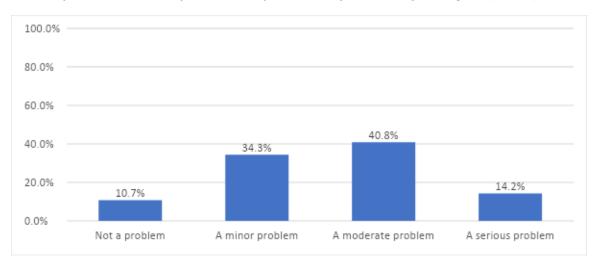


Figure 13. What percentage of teenagers in your community do you think use prescription pain pills that are not prescribed to them or in ways other than prescribed by their doctor? [n=171]

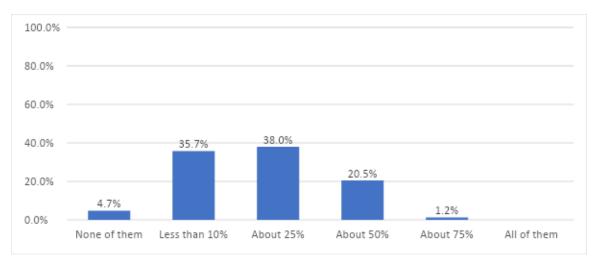
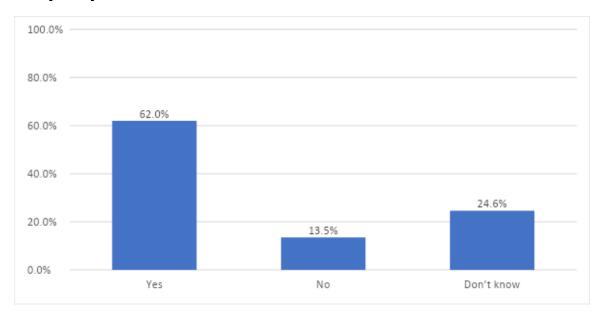
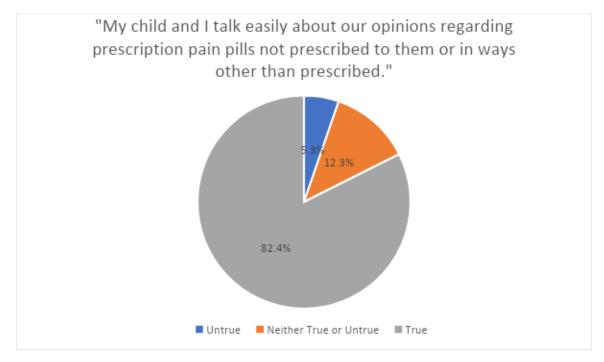


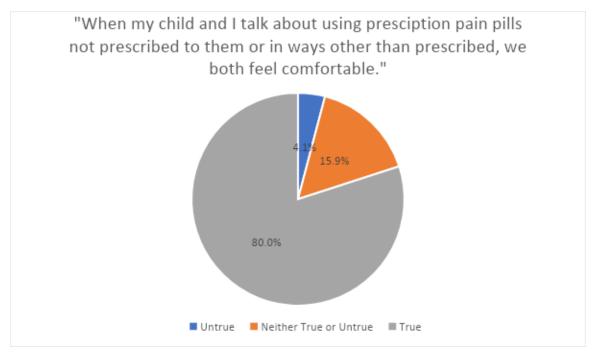
Figure 14. Are there places in your community where you can take unused prescription drugs to get rid of them? [n=171]

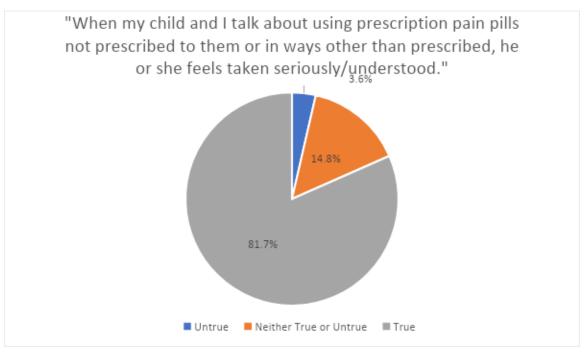


Communication: This data shows how parents in Pitt County feel about talking with their teenagers about prescription opioid misuse.

Figure 15. Please state your level of agreement with each of the following statements on communication with your child regarding prescription pain pills. [n= (range 169-171)]







Behaviors: This data shows the type of behaviors our sample conducts within their homes in relation to prescription opioids.

100.0% 80.0% 60.0% 45.0% 40.0% 25.1% 20.0% 15.2% 6.4% 4.1% 3.5% 0.6% 0.0% Unlocked box, Locked box, Purse, Out in the Other place Unsure where Never had backpack, or prescription closet, closet, open (ei. kept cabinet, or cabinet, or other carrier Counter, pain pills in drawer drawer table, dresser, home within etc.) the past 12 months

Figure 16. Where do you typically keep your prescription pain pills? [n=171]

Examples of 'Other': "Beside my bed in drawer behind other stuff", "Cabinet, High up in walk in pantry", "In my personal belongings", "Locked in my room in my drawer", and "Purse"

Figure 17. What do you typically do with prescription pain pills after treatment for pain has ended? [n=171]

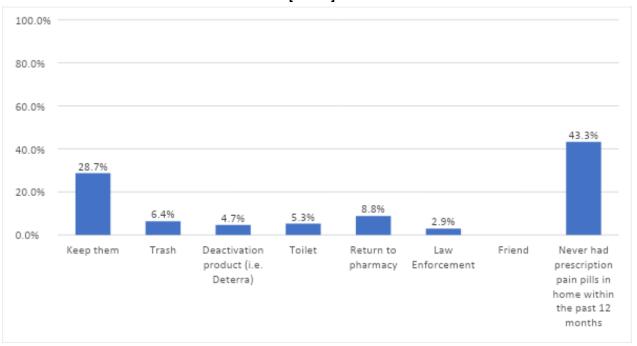
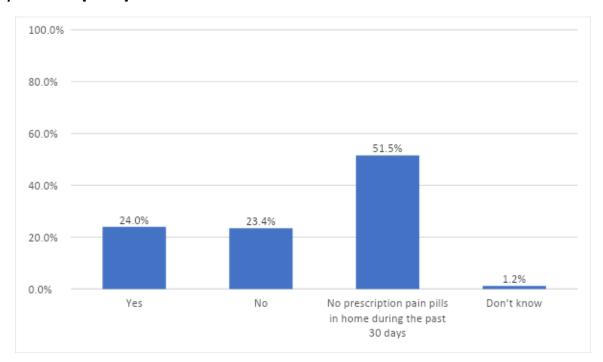


Figure 18. Within the past 30 days, have you kept track or taken inventory of the prescription pain pills in your home? [n=171]



Thoughts and Opinions: The following data shows our sample's thoughts and opinions on teenage prescription opioid use and perceived harm of use in different scenarios.

Table 3. In your opinion, at what age should children be allowed to use prescription pain pills that are prescribed to them by their doctor? [n=162]

	Mean	Standard	Range
	Age	Deviation	
In your opinion, at what age should children be allowed to use	16.0253	5.52118	1.0 - 50.0
prescription pain pills that are prescribed to them by their			
doctor?			

Figure 19. How much do you think teenagers harm themselves physically or in other ways when they participate in the following related to prescription pain pills? [n= (range 170-171)]

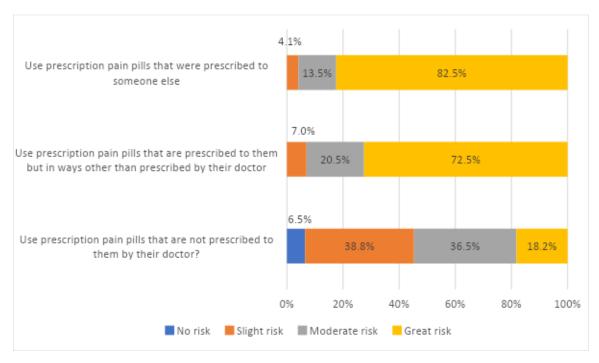


Figure 20. If your teenager(s) wanted to get prescription pain pills not prescribed to them, how difficult would it be to get them? [n=170]

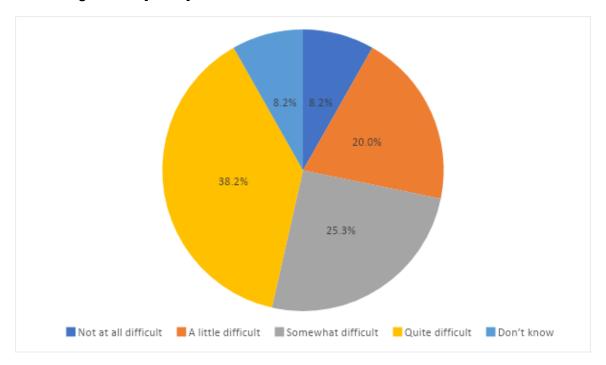


Figure 21. If your teenager(s) wanted to get prescription pain pills not prescribed to them, how difficult would it be for them from your home without your permission? [n=170]

